

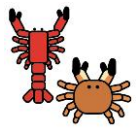
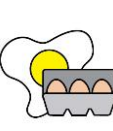






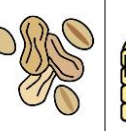
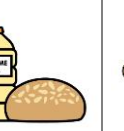
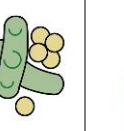



DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Monday Week 1



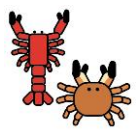
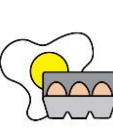







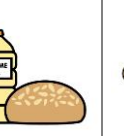
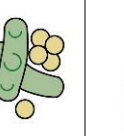

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|------------------------|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
| | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Pasta Bolognese | | ✓ | | | | | | | | | | | | |
| Garlic Bread | | ✓ | | | | | May Contain | | | | | | | |
| Jumbo Sausage | | ✓ | | | | | | | | | | | | ✓ |
| Jumbo Sausage in a Bun | | ✓ | | | | | | | | | | | ✓ | ✓ |
| Vegan Bolognese | | ✓ | | | | | | | | | | | ✓ | |
| Broccoli | | | | | | | | | | | | | | |
| Sweetcorn | | | | | | | | | | | | | | |
| Garlic & Herb Potatoes | | | | | | | | | | | | | | |
| Jacket Potatoes | | | | | | | | | | | | | | |
| Biscoff Tray Bake | | ✓ | | ✓ | | | | | | | | | ✓ | |

Review date: 01/04/2025

Reviewed by: Nicola Steel

DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Tuesday Week 2


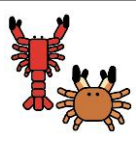
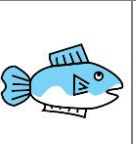
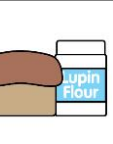




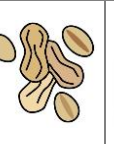

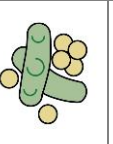

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---------------------------|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
| | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Chicken Enchiladas | | ✓ | | | | | | | | | | | | |
| Chicken Tenders | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Twice Baked Jackets | | | | | | | ✓ | | | | | | | |
| Vegan Enchiladas | | ✓ | | | | | | | | | | | | |
| Garden Peas | | | | | | | | | | | | | | |
| Sweetcorn | | | | | | | | | | | | | | |
| New Potatoes | | | | | | | | | | | | | | |
| Tom & Basil Sauce & Pasta | | ✓ | | | | | | | | | | | | |
| Vanilla Sponge | | ✓ | | ✓ | | | | | | | | | | |
| Custard | | | | | | | ✓ | | | | | | | |

Review date: 01/04/25

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DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Wednesday Week 1



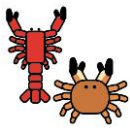
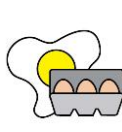
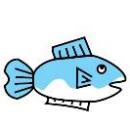







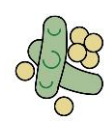

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|-------------------------|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
| | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Roast Pork | | | | | | | | | | | | | | |
| Roast Chicken | | | | | | | | | | | | | | |
| Sage & Onion | | ✓ | | | | | | | | | | | | |
| Yorkshire Pudding QFS | | ✓ | | ✓ | | | ✓ | | | | | | | |
| Quorn Roast | | ✓ | | ✓ | | | ✓ | | | | | | | |
| Vegan Sausage Casserole | | | | | | | | | | | | | ✓ | |
| Baton Carrots | | | | | | | | | | | | | | |
| Savoy Cabbage | | | | | | | | | | | | | | |
| Cauli Cheese | | ✓ | | | | | ✓ | | | | | | | |

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DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Wednesday Week 1




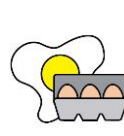
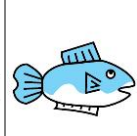


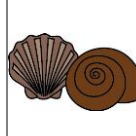


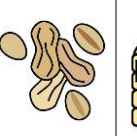

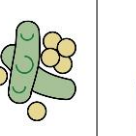

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---------------------|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
| | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Roast Potatoes | | | | | | | | | | | | | | |
| Creamed Potatoes | | | | | | | | | | | | | | |
| Jacket Potatoes | | | | | | | | | | | | | | |
| Iced Orange Drizzle | | ✓ | | ✓ | | | | | | | | | | |
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DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Thursday Week 1



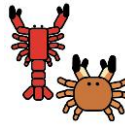
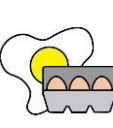
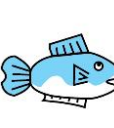
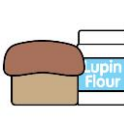





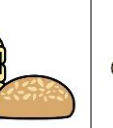
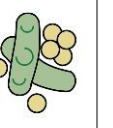

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
| | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Chicken Shawarma | | | | | | | | | | | | | | |
| Flat Bread (Tesco) | | ✓ | | | | | May Contain | | | | | | | |
| Minted Yoghurt Dip (Lions) | | | | ✓ | | | ✓ | | | | | | | |
| Sausages (Richmond) EYFS | | ✓ | | | | | | | | | | | ✓ | ✓ |
| Cheese & Onion Quiche | | ✓ | | ✓ | | | ✓ | | | | | | | |
| Vegan Shawarma in a Wrap & Sweet Chilli Sauce | | ✓ | | | | | | | | | | | ✓ | |
| Tomato & Basil Sauce & Pasta | | ✓ | | | | | | | | | | | | |
| Peas & Sweetcorn | | ✓ | | | | | | | | | | | | |
| Twister Fries | | ✓ | | | | | | | | | | | | |

Review date: 01/04/25

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DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Thursday Week 1

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---------|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
| | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Brownie | | ✓ | | ✓ | | | | | | | | | ✓ | |
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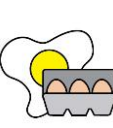

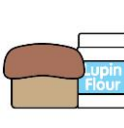

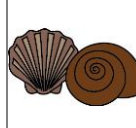






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DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Friday Week 1

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|--------------------------------------|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
| | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| French Bread Pizza Margherita | | ✓ | | | | | ✓ | | | | | May Contain | | |
| French Bread Pizza Pepperoni | May Contain | ✓ | | May Contain | | | ✓ | | May Contain | | | May Contain | May Contain | |
| French Bread Pizza BBQ Chicken | | ✓ | | | | | ✓ | | | | | May Contain | | |
| Fish Fingers | | ✓ | | | ✓ | | | | | | | | | |
| Quorn Fishless Fingers | | ✓ | | | | | | | | | | | | |
| Mushy Peas | | | | | | | | | | | | | | |
| Curry Sauce | | ✓ | | | | | May Contain | | | | | | ✓ | |
| Chips | | | | | | | | | | | | | | |
| Ice-Cream | | | | | | | ✓ | | | | | | | |

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