


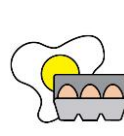
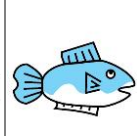


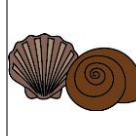


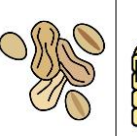

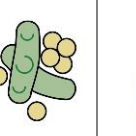



DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Monday Week 3



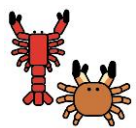
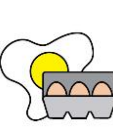
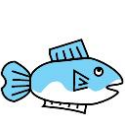





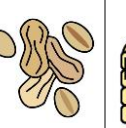

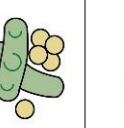

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cottage Pie														
Mac and Cheese		✓					✓							
Vegan Cottage Pie													✓	
Swede														
Garden Peas														
Boiled Potatoes														
Jacket Potato														
Home-made Soup														
Marble Cake		✓		✓										

Review date: 09/12/24

Reviewed by: Nicola Steel

DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Tuesday Week 3



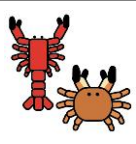
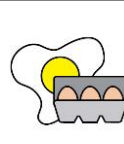
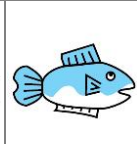


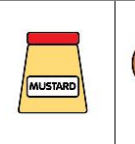
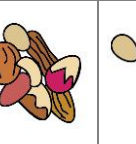
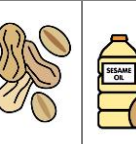
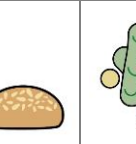
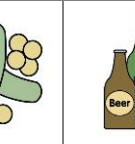

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Corned Beef Hotpot														
Crispy Chicken		✓												
Vegan Hotpot													✓	
Green Beans														
Baked Beans														
Seasoned Wedges														
Tom & Basil Sauce & Pasta		✓												
Cornflake Tart		✓												
Custard							✓							

Review date: 09/12/24

Reviewed by: Nicola Steel

DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Wednesday Week 3



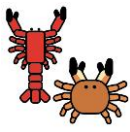
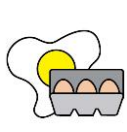
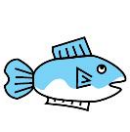









DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast Chicken														
Sage & Onion		✓												
Yorkshire Pudding QFS		✓		✓			✓							
Quorn Roast		✓		✓			✓							
Vegan Burito		✓											✓	
Baton Carrots														
Broccoli														
Cauli Cheese		✓					✓							
Roast Potatoes														

Review date: 09/12/24

Reviewed by: Nicola Steel

DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Wednesday Week 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Home-made soup														
Brownie		✓		✓			May Contain						✓	

Review date: 09/12/24



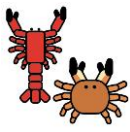
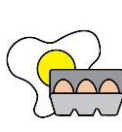
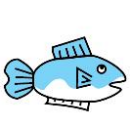









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DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Thursday Week 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pasta Bolognaise		✓												
Garlic Bread		✓					May Contain					May Contain		
Home-made Sausage Rolls		✓				May Contain			May Contain				May Contain	✓
Quorn Pasta Bolognaise		✓											✓	
Sweetcorn														
Garden Peas														
Garlic & Herb Potatoes		✓					May Contain							
Tomato & Basil Sauce with Pasta		✓												
Steamed Jam Sponge		✓		✓										

Review date: 09/12/24


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DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Thursday Week 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Custard							✓							

Review date: 09/12/24


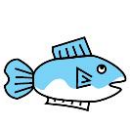
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DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Friday Week 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pepperoni Pizza	May Contain	✓		May Contain					May Contain			May Contain	May Contain	
BBQ Chicken Pizza		✓										May Contain		
Margareta Pizza		✓										May Contain		
Fishcakes		✓			✓									
Quorn Fishless		✓												
Mushy Peas														
Baked Beans														
Chips														
Home-made Soup														

Review date: 09/12/24



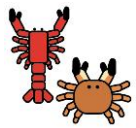






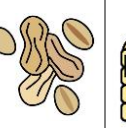
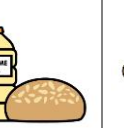
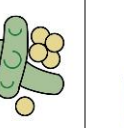

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DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Friday Week 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chocolate Chip Cookies		✓		✓			✓						✓	
White Chocolate Cookies		✓		✓			✓						✓	
Double Chocolate Chip Cookies		✓		✓			✓						✓	

Review date: 09/12/24

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