

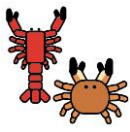
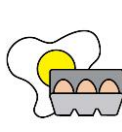
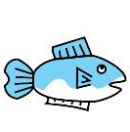
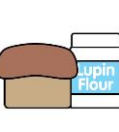










DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Monday Week 2



DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Fajita Pasta Bake		✓							✓					
Sausages (Town & Country)		✓												✓
Vegan Pasta Bake		✓											✓	
Marrowfat Peas														
Sweetcorn														
Creamed Potatoes														
Jacket Potato														
Home-made Soup														
Vanilla Sprinkle Cake														

Review date: 09/12/24

Reviewed by: Nicola Steel

DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Tuesday Week 2



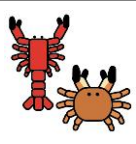
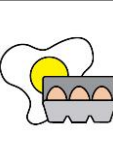
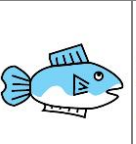
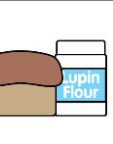


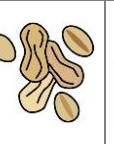

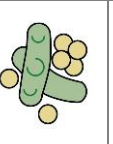

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Lasagne		✓					✓							
Spaghetti Bolognese (Gluten Free Spaghetti)														
Cheese & Onion Quiche		✓		✓			✓							
Vegan Spaghetti Bolognese		✓											✓	
Garden Peas														
Sweetcorn														
Sauté Potatoes														
Tom & Basil Sauce & Pasta		✓												
Steamed Chocolate Sponge		✓		✓										
Chocolate Sauce							✓							

Review date: 09/12/24

Reviewed by: Nicola Steel

DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Wednesday Week 2



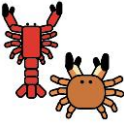

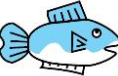
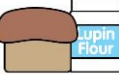








DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast Gammon														
Roast Chicken														
Sage & Onion		✓												
Yorkshire Pudding QFS		✓		✓			✓							
Quorn Roast		✓		✓			✓							
Vegan Katsu Curry & Rice		✓											✓	
Baton Carrots														
Broccoli														
Cauli Cheese		✓					✓							

Review date: 09/12/24

Reviewed by: Nicola Steel

DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Wednesday Week 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Home-made soup														
Biscoff Tray Bake		✓		✓									✓	

Review date: 09/12/24



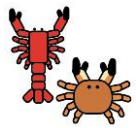
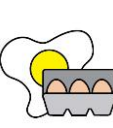

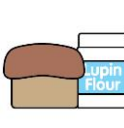

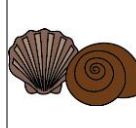






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DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Thursday Week 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Lightly Spiced Chilli Chicken with noodles		✓		✓										
Chicken Tenders		✓					✓						✓	
Jumbo Sausage in a Bun		✓											✓	✓
Vegan Sausage in a Bun		✓											✓	
Peas & Sweetcorn														
Baked Beans														
Croquettes		✓					May Contain							
Tomato & Basil Sauce with Pasta		✓												
Apple & Blackberry Crumble		✓												✓

Review date: 09/12/24

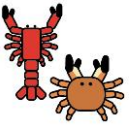
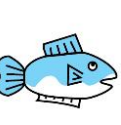
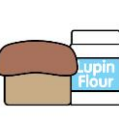


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DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Thursday Week 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Custard							✓							

Review date: 09/12/24


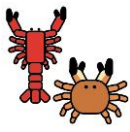
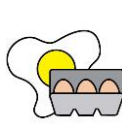
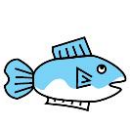
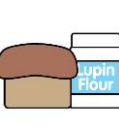







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DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Friday Week 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Balti														
Rice				✓										
Mini Naan Bread		✓												
Quorn Fishless Fingers		✓												
Battered Cod		✓			✓									
Mushy Peas														
Sweetcorn														
Chips														
Home-made Soup														

Review date: 09/12/24



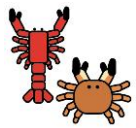
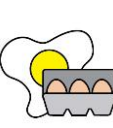







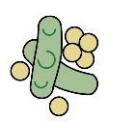

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DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Friday Week 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chocolate Chip Cookies		✓		✓			✓						✓	
White Chocolate Cookies		✓		✓			✓						✓	
Double Chocolate Chip Cookies		✓		✓			✓						✓	

Review date: 09/12/24

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