

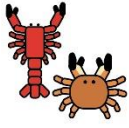
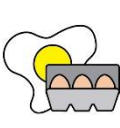
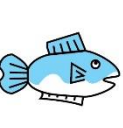
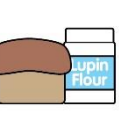






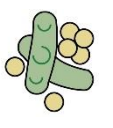






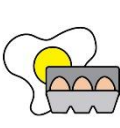
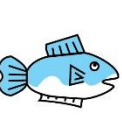









DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Monday Week 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Barbecue Chicken Melt							✓							
Jumbo Sausage in a Bun		✓											✓	
Vegan Sausage in a Bun		✓											✓	
Sweetcorn														
Garden Peas														
Boiled Potatoes														
Iced Orange Sponge		✓		✓										

Review date: 17/09/24

Reviewed by: Nicola Steel

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Italian Meatballs														
Pasta		✓												
Home-made Sausage Roll		✓		✓			✓							✓
Vegan Stuffed Pepper														
Baked Beans														
Broccoli														
Saute Potatoes														
Pasta Bar		✓												
Tom & Basil Sauce														
Treacle Sponge		✓		✓										

DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Tuesday Week 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Custard							✓							

Review date: 01/07/24


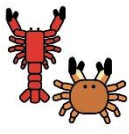
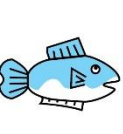


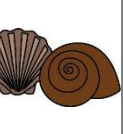
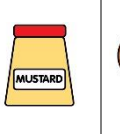
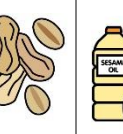
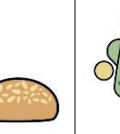
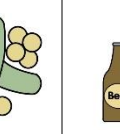
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DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Wednesday Week 3


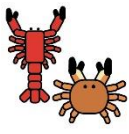
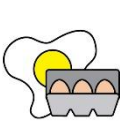
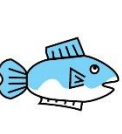









DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast Chicken														
Sage & Onion		✓												
Yorkshire Pudding		✓		✓			✓							
Quorn Roast		✓		✓			✓							
Vegan Crispy Katsu Chicken Curry		✓											✓	
Rice														
Carrots & Peas														
Cauliflower Cheese		✓					✓							
Roast Potatoes														
Shortbread		✓												

Review date: 01/07/24

Reviewed by: Nicola Steel

DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Thursday Week 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Mince Beef Pie		✓		✓			✓							
Chicken Enchilada		✓					✓							
Vegan Enchilada		✓												
Broccoli														
Swede or Garden Peas														
Croquettes		May Contain					✓							✓
Pasta Bar		✓												
Tomato & Basil Sauce														
Cornflake Tart		✓												

Review date: 01/07/24


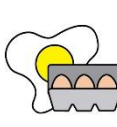
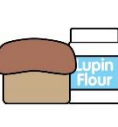

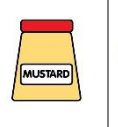

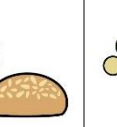

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DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Thursday Week 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Custard							✓							

Review date: 01/07/24





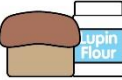







Reviewed by: Nicola Steel



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DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Friday Week 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cheeseburger		✓					✓						✓	
Gluten Free Cheeseburger in a bun (Tesco Brioche)				✓										✓
Fish Fingers		✓			✓									
Quorn Fishless Fingers		✓												
Sweetcorn														
Baked Beans														
Chips														
Chocolate Brownie		✓		✓									✓	

Review date: 01/07/24

Reviewed by: Nicola Steel



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