

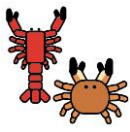
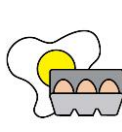
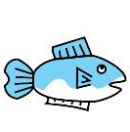
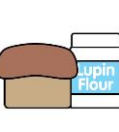










# DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Monday Week 1



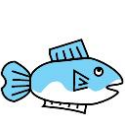







DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Spaghetti Bolognese served with Pasta		✓												
Gluten Free Bolognese														
Vegan Bolognese													✓	
Garlic Bread		✓					May Contain					May Contain		
Crispy Chicken Burger in a bun	✓	✓		✓			May Contain						✓	✓
Garlic and Herb Potatoes														
Green Beans														
Sweetcorn														
Jacket Potato														
Biscoff Tray Bake		✓		✓									✓	

Review date: 01/07/24

Reviewed by: Nicola Steel

# DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Tuesday Week 1


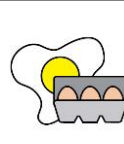
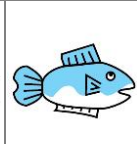

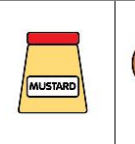
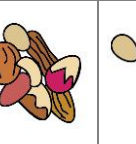
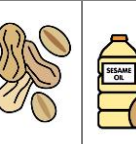
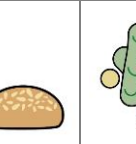
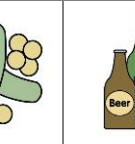
DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Pie		✓		✓			✓						✓	
Macaroni Cheese		✓					✓							
Vegan Loaded Jackets														
Baton Carrots														
Garden Peas														
Boiled Potatoes														
Pasta Bar		✓												
Tom & Basil Sauce														
Apple Crumble		✓												
Custard							✓							

Review date: 01/07/24

Reviewed by: Nicola Steel

# DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Wednesday Week 1




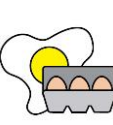
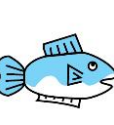
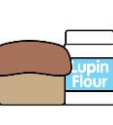








DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast Pork														
Roast Chicken														
Sage & Onion		✓												
Yorkshire Pudding		✓		✓			✓							
Quorn Roast		✓		✓			✓							
Vegan Burritos		✓												
Swede & Carrot and Savoy Cabbage														
Roast Potatoes														
Cauli Cheese		✓					✓							

Review date: 01/07/24

Reviewed by: Nicola Steel

# DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Wednesday Week 1

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Iced Lemon Drizzle		✓		✓										

Review date: 01/07/24




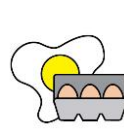
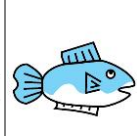


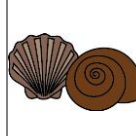


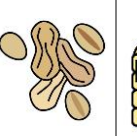

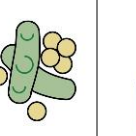

Reviewed by: Nicola Steel



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# DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Thursday Week 1

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cumberland Sausage		✓												✓
Chicken Tikka Masala							✓							
Vegan Sausage Rolls		✓											✓	
Broccoli														
Peas & Sweetcorn														
Creamed Potatoes														
Pasta Bar		✓												
Tomato & Basil Sauce														
Jam Roly Poly		✓												

Review date: 01/07/24

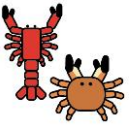
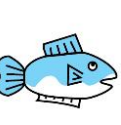
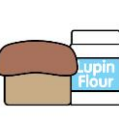


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# DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Thursday Week 1

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Custard							✓							

Review date: 01/07/24

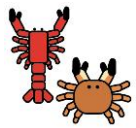

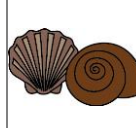


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# DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Friday Week 1

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
French Bread Pizza (Margaretta)		✓					✓							
Pepperoni French Bread Pizza	May Contain	✓		May Contain			✓		May Contain				May Contain	
BBQ Chicken French Bread Pizza		✓					✓							
Ham French Bread Pizza		✓					✓							
Fish Fingers		✓			✓									
Quorn Fishless Fingers		✓												
Mushy Peas														
Baked Beans														
Chips														

Review date: 01/07/24



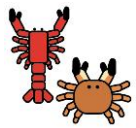
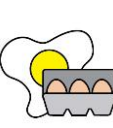








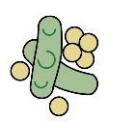

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# DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Friday Week 1

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chocolate Chip Cookie		✓		✓			✓						✓	
Double Chocolate Chip Cookie		✓		✓			✓						✓	
White Chocolate cookie		✓		✓			✓						✓	

Review date: 01/07/24

Reviewed by: Nicola Steel



