

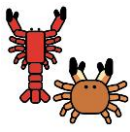
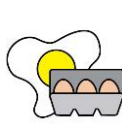
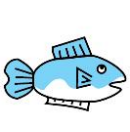







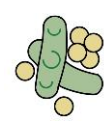



# DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Monday Week 2



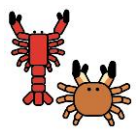
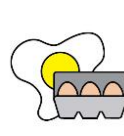
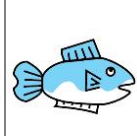


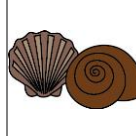

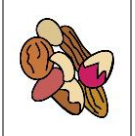
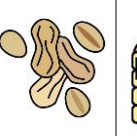

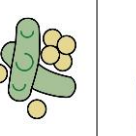

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Mince Beef & Dumpling		✓		May Contain			May Contain						May Contain	
Pizza Chicken (Pepperoni)	May Contain	May Contain		May Contain			✓		May Contain				May Contain	
Pizza Chicken (Margareta)							✓							
Quorn Vegan Hotpot													✓	
Green Beans														
Sweetcorn														
Creamed Potatoes														
Sprinkle Cake		✓		✓										

Review date: 01/07/24

Reviewed by: Nicola Steel

# DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Tuesday Week 2



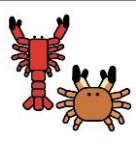
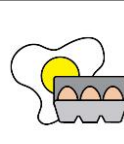
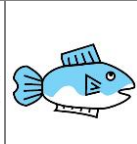


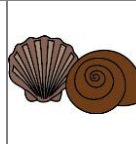

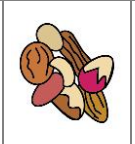


DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Steak and Vegetable Casserole														
Mini Chicken Parmos	✓	✓		✓			✓							✓
Vegan Nuggets		✓												
Carrots & Peas														
Cauliflower														
Saute Potatoes														
Pasta Bar		✓												
Tom & Basil Sauce														
Chocolate Sponge		✓		✓										
Chocolate Sauce							✓							

Review date: 01/07/24

Reviewed by: Nicola Steel

# DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Wednesday Week 2



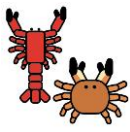
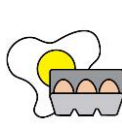
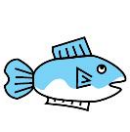









DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast Gammon														
Roast Chicken														
Sage & Onion		✓												
Yorkshire Pudding		✓		✓			✓							
Quorn Roast		✓		✓			✓							
Vegan Mince & Dumplings		✓											✓	
Baton Carrots or Broccoli														
Roast Potatoes														
Flapjack		✓												

Review date: 01/07/24

Reviewed by: Nicola Steel

# DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Thursday Week 2



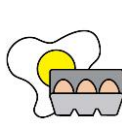
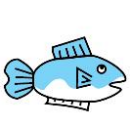






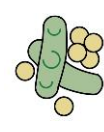

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Lasagne		✓		May Contain			✓		May Contain				May Contain	
Garlic Bread		✓					May Contain					May Contain		
Cajun Chicken														
Vegetable Rice														
Vegan Sausage		✓												
Pasta Bar		✓												
Tomato & Basil Sauce														
Croquettes		May Contain					✓							✓
Garden Peas														
Sweetcorn														

Review date: 01/07/24

Reviewed by: Nicola Steel

# DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Thursday Week 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Apple & Blackberry Crumble		✓												
Custard							✓							

Review date: 01/07/24

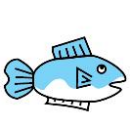


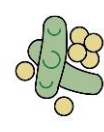

Reviewed by: Nicola Steel



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# DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Friday Week 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Battered Cod		✓			✓									
Fishfingers		✓			✓									
Loaded Jackets Cheese														
Loaded Jackets Bacon														
Quorn Fishless		✓												
Mushy Peas														
Baked Beans														
Chips														
Chocolate crispy cake (Milk) and (White)		✓					✓						✓	

Review date: 01/07/24

Reviewed by: Nicola Steel



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